

▶ EXAMPLE Problem 1

Work and Energy A 105-g hockey puck is sliding across the ice. A player exerts a constant 4.50-N force over a distance of 0.150 m. How much work does the player do on the puck? What is the change in the puck's energy?

1 Analyze and Sketch the Problem

- Sketch the situation showing initial conditions.
- Establish a coordinate system with +x to the right.
- Draw a vector diagram.

Known: $m = 105 \text{ g}$ $\rightarrow .105 \text{ Kg}$ **Unknown:**
 $F = 4.50 \text{ N}$ $W = ?$
 $d = 0.150 \text{ m}$ $\Delta KE = ?$

→ +x



$$\begin{aligned} W &= F \Delta d \\ &= (4.50)(.150) \\ &= .675 \text{ J} \end{aligned}$$

$$W = \Delta KE = .675 \text{ J}$$

1. Refer to Example Problem 1 to solve the following problem.

- If the hockey player exerted twice as much force, 9.00 N, on the puck, how would the puck's change in kinetic energy be affected?
- If the player exerted a 9.00-N force, but the stick was in contact with the puck for only half the distance, 0.075 m, what would be the change in kinetic energy?

① a) $F = 9.00 \text{ N}$
 $m = .105 \text{ kg}$
 $\Delta d = .150 \text{ m}$
 $\Delta KE = \text{--- J}$
 $\Delta KE = W = F \Delta d$
 $= (9.00)(.150)$
 $\Delta KE = 1.35 \text{ J}$

b) $F = 9.00 \text{ N}$
 $\Delta d = .075 \text{ m}$
 $\Delta KE = W = F \Delta d$
 $= (9.00)(.075)$
 $= .675 \text{ J}$
 $\Delta KE \uparrow, F \uparrow \left. \vphantom{\begin{matrix} \Delta KE \uparrow, F \uparrow \\ \Delta KE \uparrow, \Delta d \uparrow \end{matrix}} \right\} \text{direct}$
 $\Delta KE \uparrow, \Delta d \uparrow \left. \vphantom{\begin{matrix} \Delta KE \uparrow, F \uparrow \\ \Delta KE \uparrow, \Delta d \uparrow \end{matrix}} \right\} \text{prop.}$

2. Together, two students exert a force of 825 N in pushing a car a distance of 35 m.
- How much work do the students do on the car?
 - If the force was doubled, how much work would they do pushing the car the same distance?

$$\begin{aligned} \textcircled{a} \quad W &= F \Delta d \\ &= (825)(35) \\ &= 28875 \text{ J} \\ &= \underline{2.9 \times 10^4 \text{ J}} \text{ or } \underline{29000 \text{ J}} \end{aligned}$$

$$\begin{aligned} \textcircled{b} \quad W &= (1650)(35) \\ &= 57750 \text{ J} \\ &= \underline{5.8 \times 10^4 \text{ J}} \text{ or } \underline{58000 \text{ J}} \end{aligned}$$

3. A rock climber wears a 7.5-kg backpack while scaling a cliff. After 30.0 min, the climber is 8.2 m above the starting point.

- How much work does the climber do on the backpack?
- If the climber weighs 645 N, how much work does she do lifting herself and the backpack?
- What is the change in the climber's energy?

$$(a) \quad w = F \Delta d = mgh = (7.5)(9.8)(8.2) = 602.7 \text{ J} \\ = \underline{6.0 \times 10^2 \text{ J}}$$

(b)

(c)